

# Ottawa District Intergroup Member Survey

52 responses

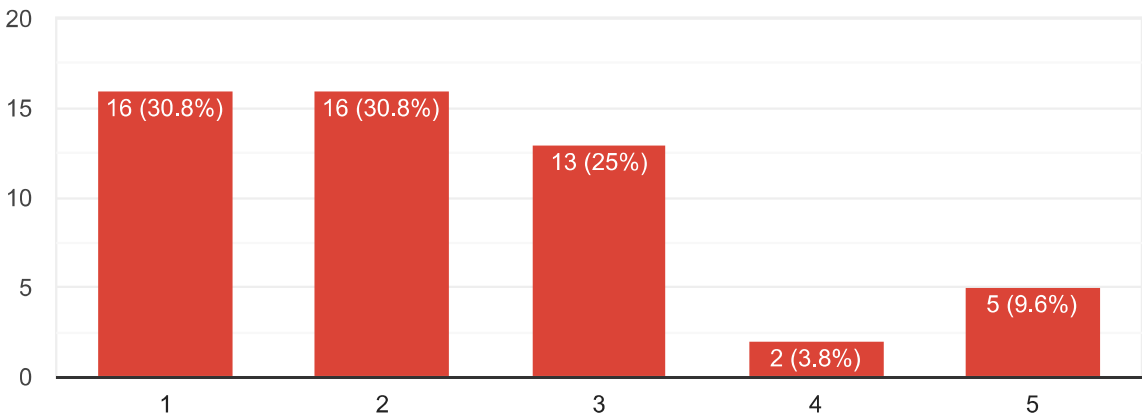
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Strategic Plan

Intergroup helps members strengthen their physical, emotional, and spiritual recovery.



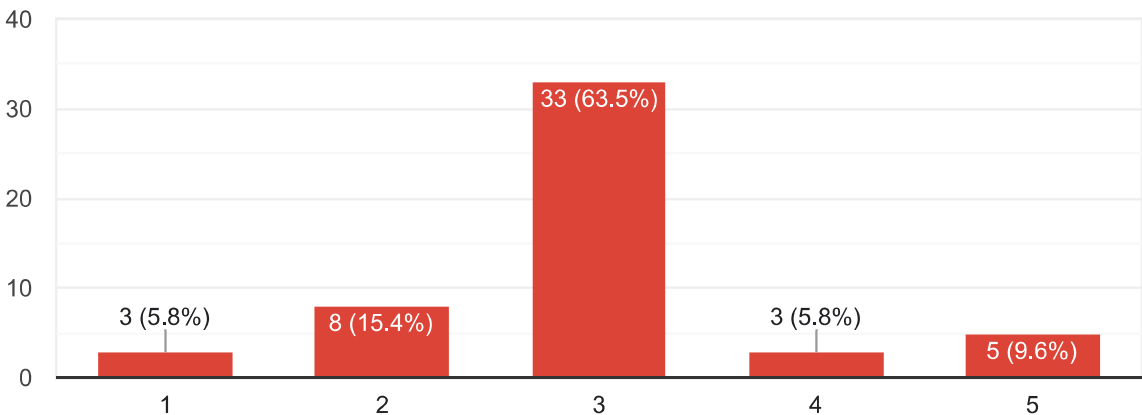
52 responses



Intergroup has increased the number of sponsors in the area.



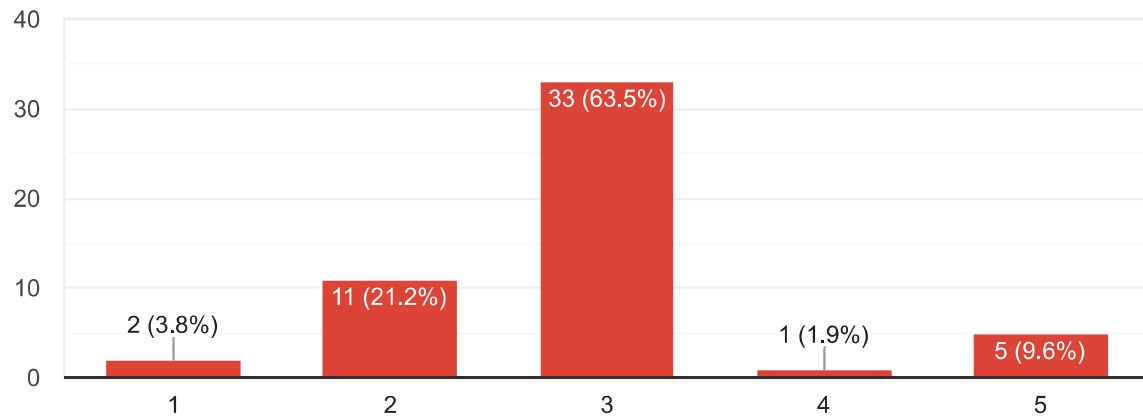
52 responses



## Intergroup has increased the retention of newcomers.

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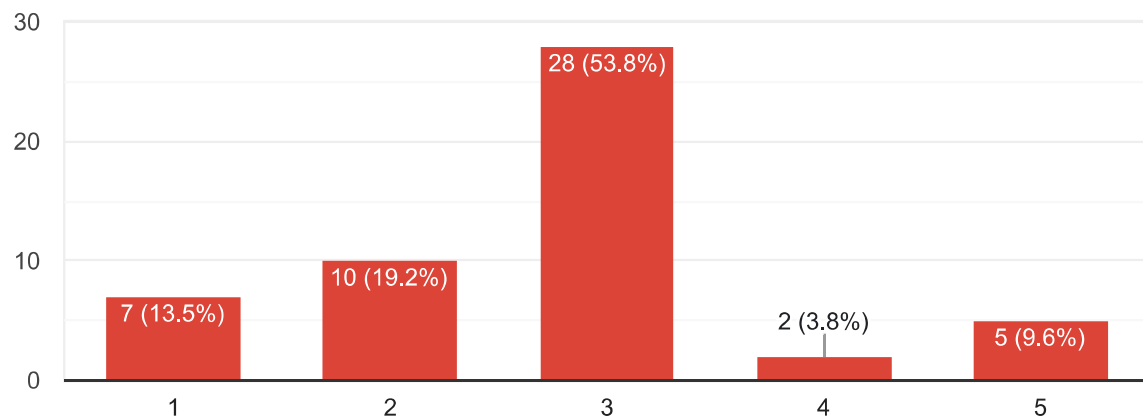
52 responses



## Intergroup has helped members in relapse.

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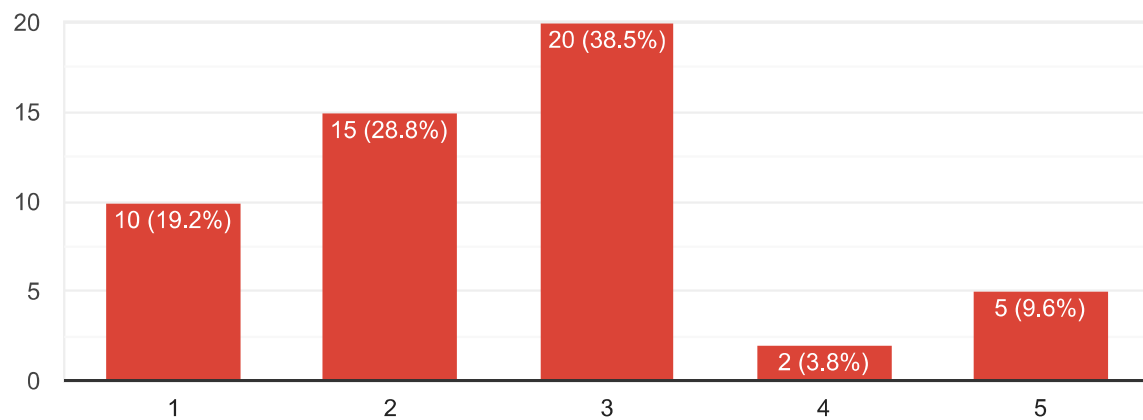
52 responses



## Intergroup inspired me to do more service.

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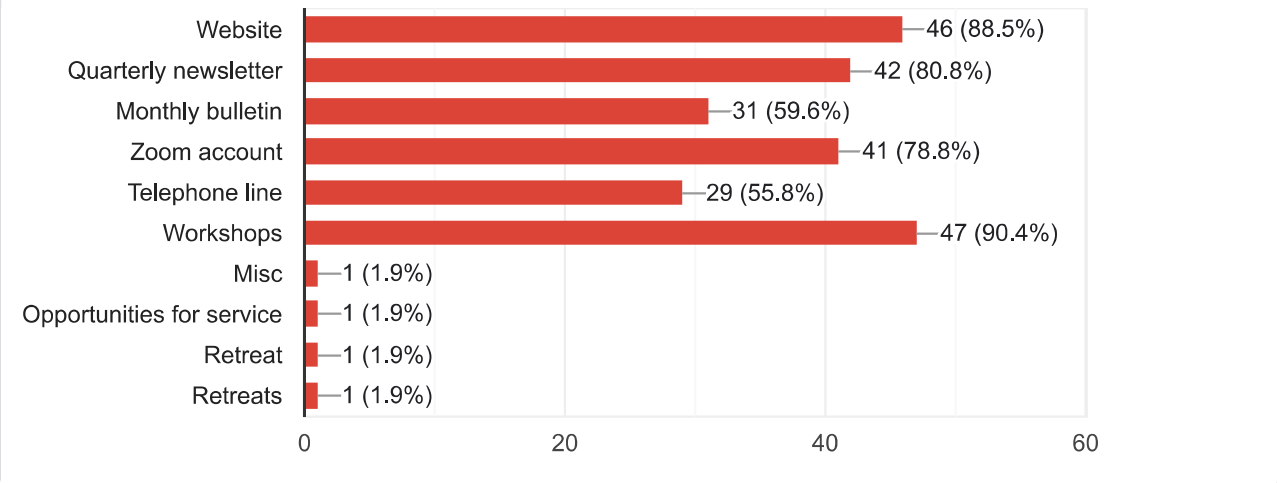


Intergroup

I am aware of Intergroup offering the following (check all that apply)

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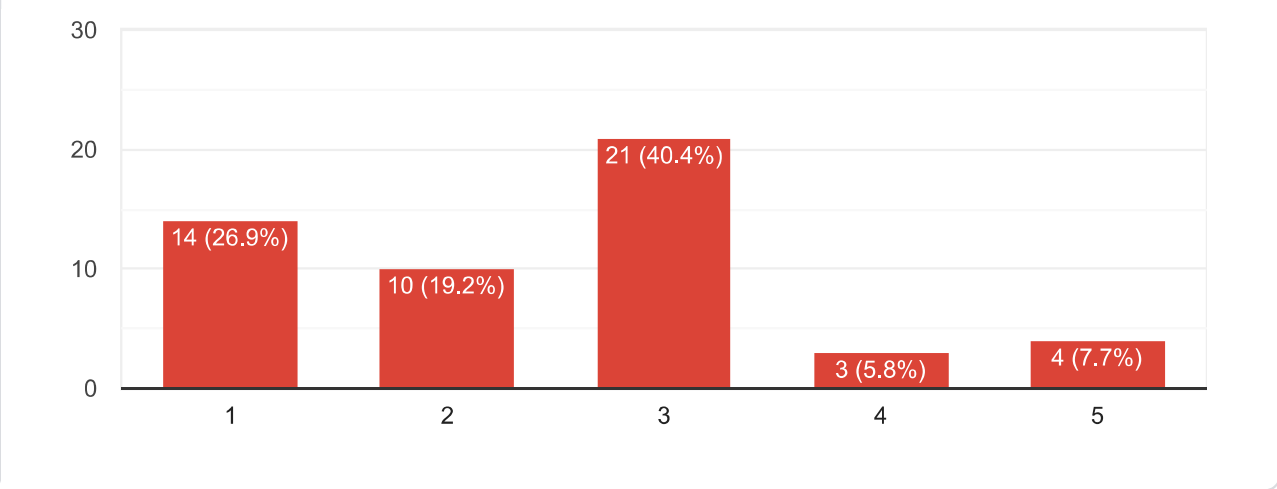
52 responses



Intergroup's website is easy to navigate.

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52 responses



## How would you improve Intergroup's website?

13 responses

Make it more user friendly

More stress on non-religious (ie., Judeo-Christian) concept of higher power.

Nothing to suggest

No Answer

Not sure, as I haven't actively participated in the group website.

ex - I would have thought the coming workshop would have been on the home/main page but I finally found it under Events under something else

I don't use the computer, so not applicable

I would remove buttons on the homepage that link to the World Service website to find meetings. This is confusing for someone from our city/region.

It seems perfectly fine

I have never been on it. (So the question above is not worthy but I was forced to select one).

Make it current

I don't know about the website and would post events and meetings on homepage of OA Ottawa

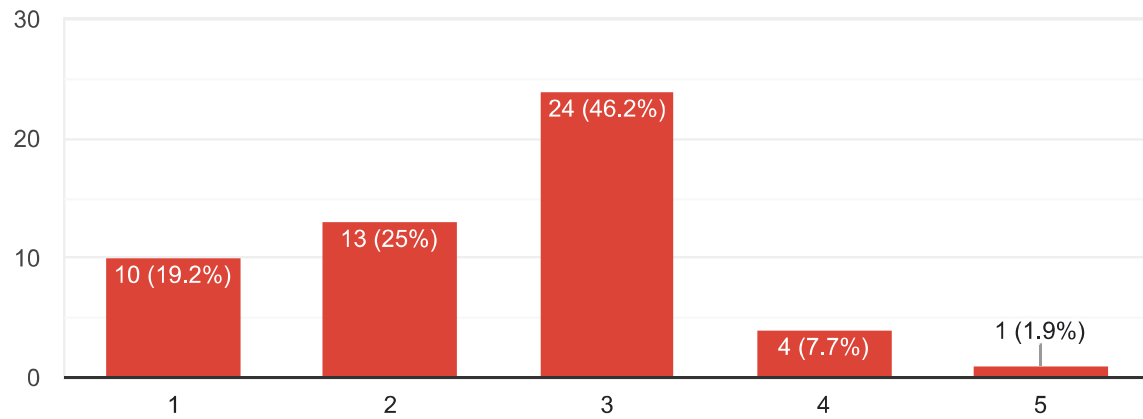
Do they have a website? What's on it?



## I enjoy the Intergroup's newsletter, "The Sunshiner"

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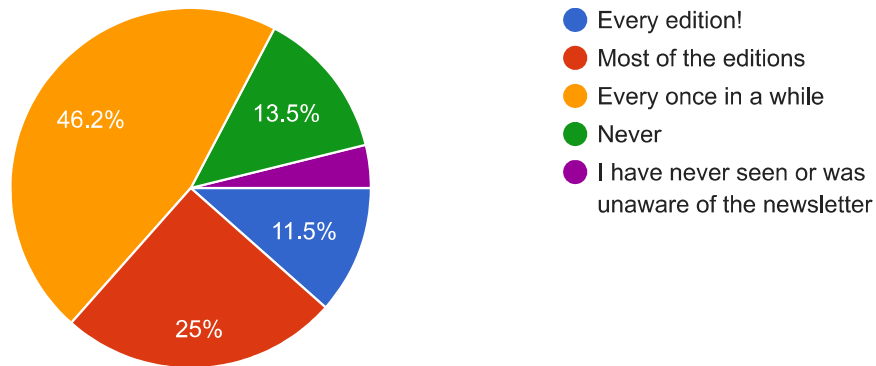
52 responses



## How often do you read the Intergroup's newsletter, "The Sunshiner"

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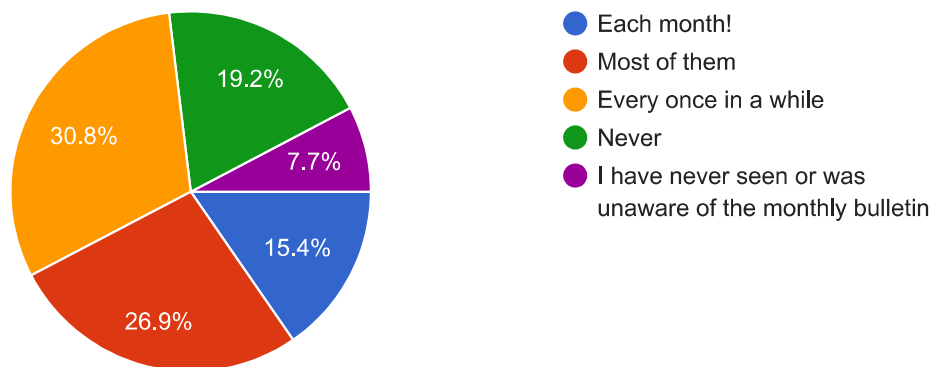
52 responses



## How often do you read the Intergroup's monthly bulletin?

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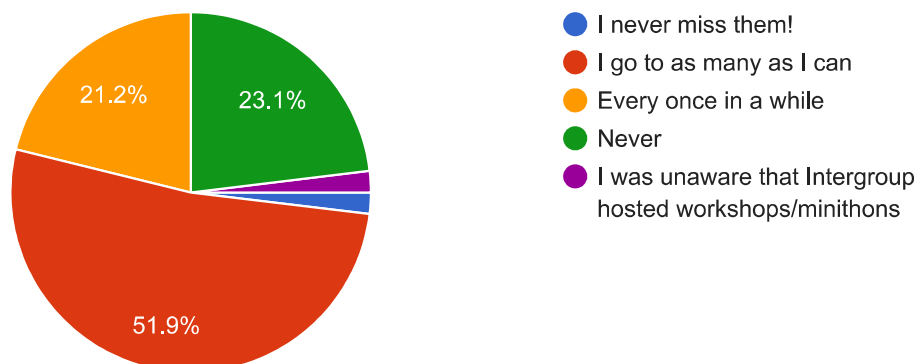
52 responses



## How often do you attend the workshops/minithons?

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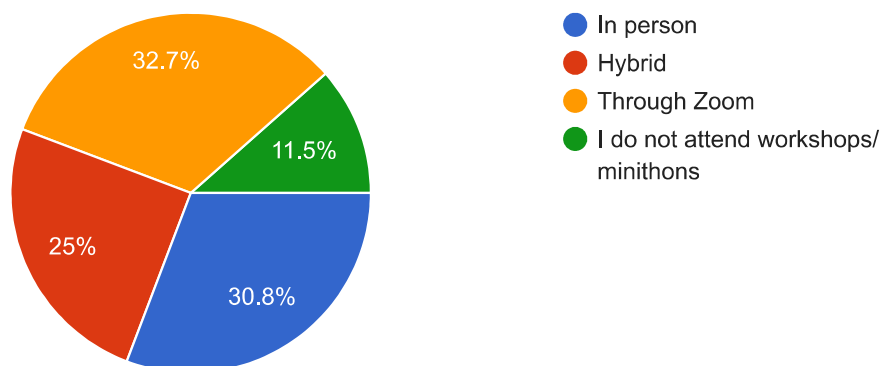
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## How do you prefer to attend workshops/minithons?

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## What would you like Intergroup to focus on in the next three years?

25 responses

Community building. Face to face connections, helping those in relapse, 12 steps within

More face to face meetings.

Acceptance of different belief systems, less of rote acceptance of 'god'.

Nothing to suggest.

Retaining members by 12 stepping

More accessibility for groups outside otttawa

Sponsorship

How to best help the people who lose their abstinence.

No idea. Although I would like to focus on being a more active member soon.

12-Step Within

move to two retreats per year so more people can come

don't know

Steps 6,7

Physical recovery. Newcomers see members with multiple years of recovery that are still obese.

Outreach to those with eating disorders

Attracting newcomers

Establishing a meeting in the East end of Ottawa.

Online workshops on how the program works - Steps, traditions , principles, fellowship; Big Booking, membership list,



Community building, coming out of isolation, calling members in food relapse

Continue to spread the message to people out there who have not joined OA and also to our members who are suffering.

Letting all know in OA how to find out of your offerings. Post resources such as meetings on website. Place brochures in public

1) Making it easier to find sponsors. They had a system during COVID, but then I believe they ended it. I think it's great if Intergroup is the clearinghouse for information on workshops and sponsors, but it would also be good if they coordinate ways to become visible to potential new members. Several people in my local group are sponsor-less including myself.

2) sending out info on workshops available through zoom

3) making OA more visible in various communities

My 'strongly disagree' answers at the beginning were because when i was intergroup rep, it seemed like the purpose of the group was business and not working the steps nor like a super 12-step group. That's fine as long as everyone understands that.

Recovery recovery retention

Retaining newcomers and relapse

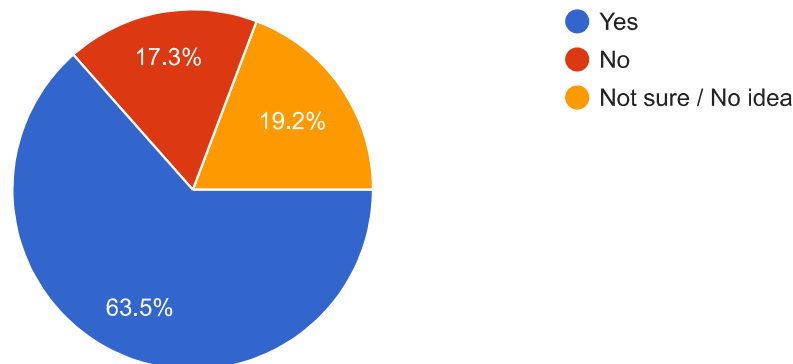
Minithons

## Service

To your knowledge, does your group have a representative who attends Intergroup meetings?

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52 responses

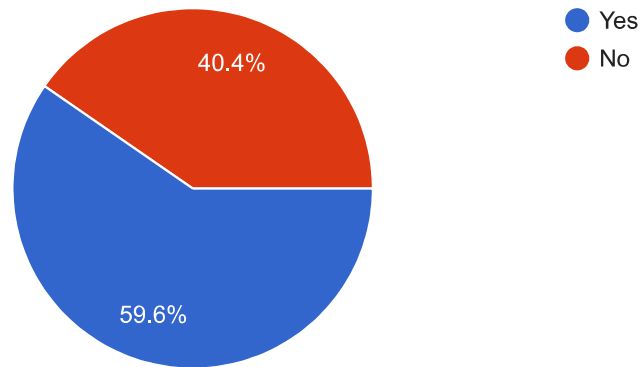




## Have you ever done service at the Intergroup?

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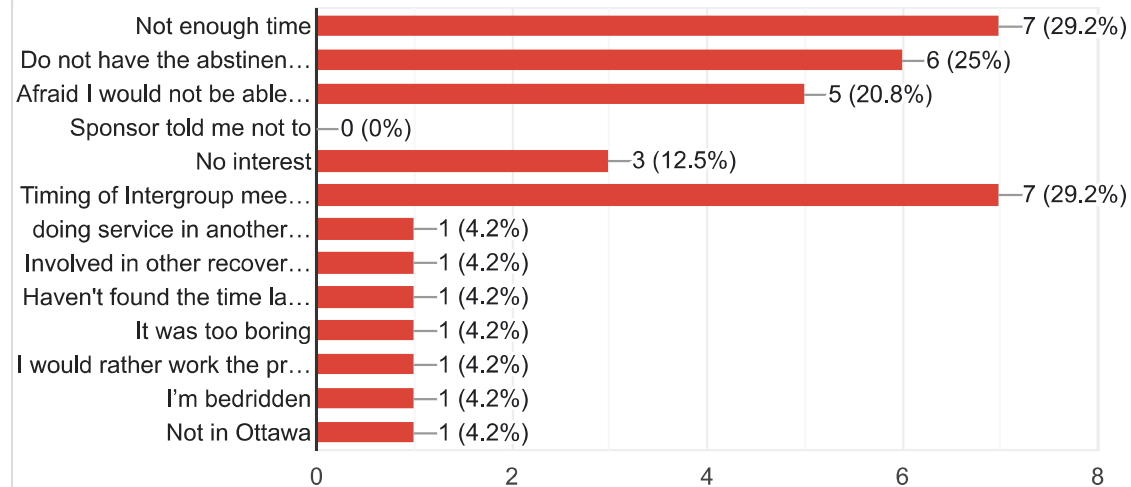
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## If you answered no, what is the reason (check all that apply)?

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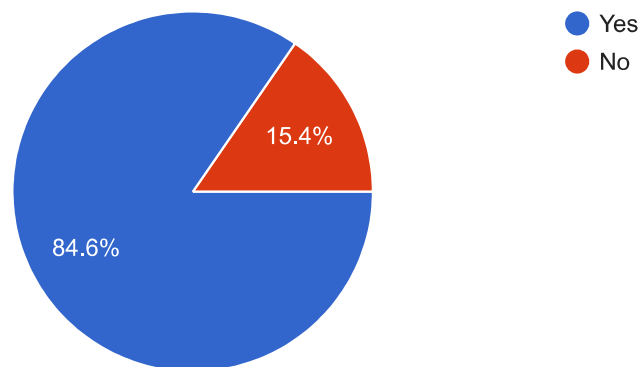
24 responses



## Do you give service at your group (in-person or virtual)?

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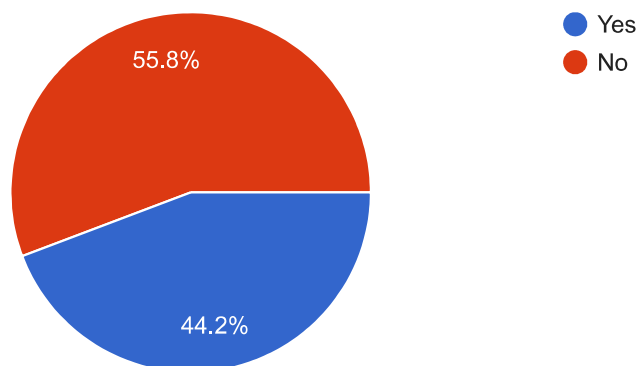
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## Are you a sponsor?

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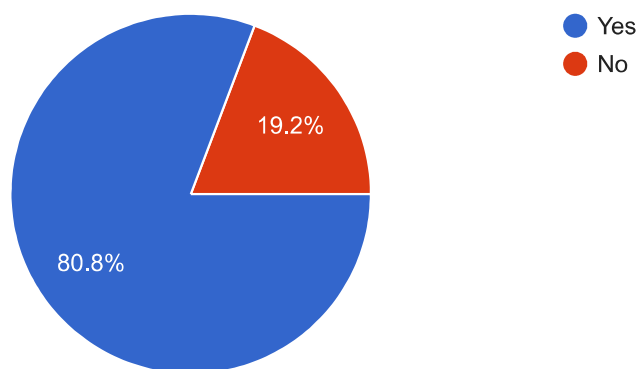
52 responses



## Do you have a sponsor?

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52 responses

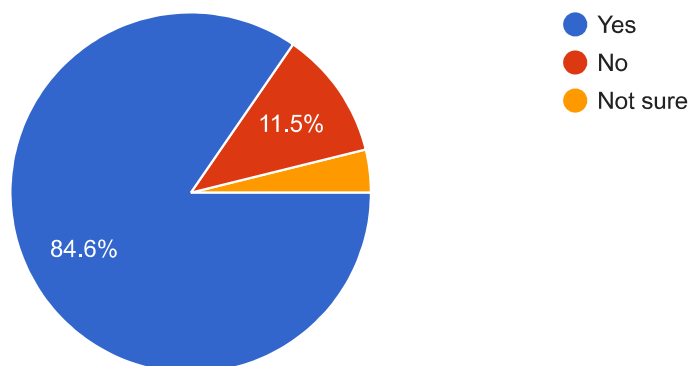


## About you

## Do you currently attend meetings affiliated with the Ottawa District Intergroup (face-to-face or virtual)?

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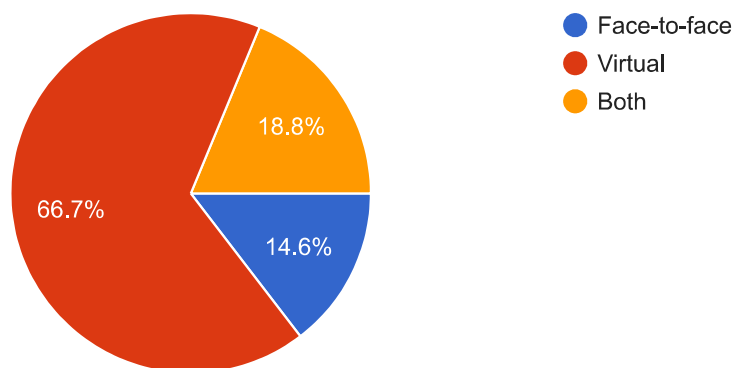
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## What type of meetings do you attend regularly?

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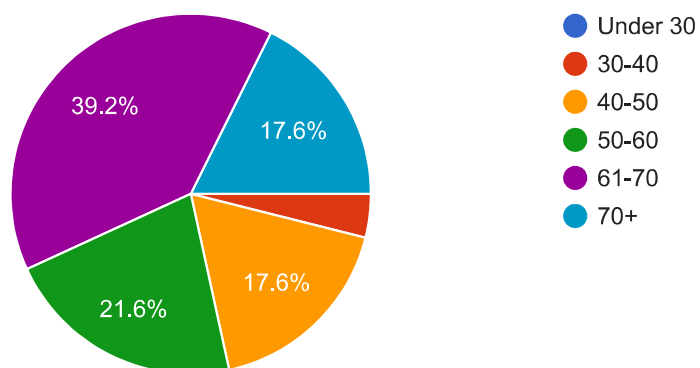
48 responses



## What is your age?

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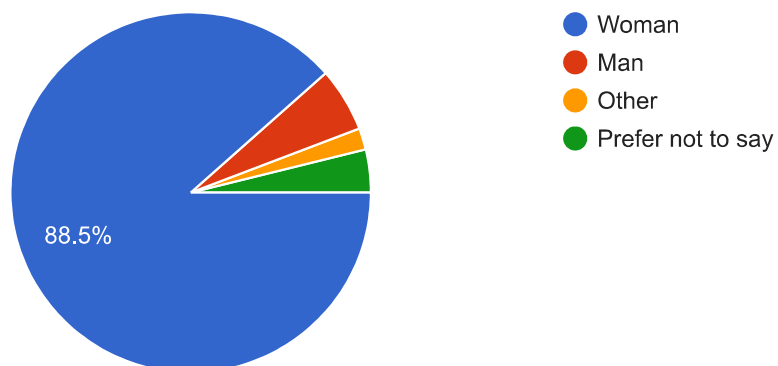
51 responses



## What is your gender?

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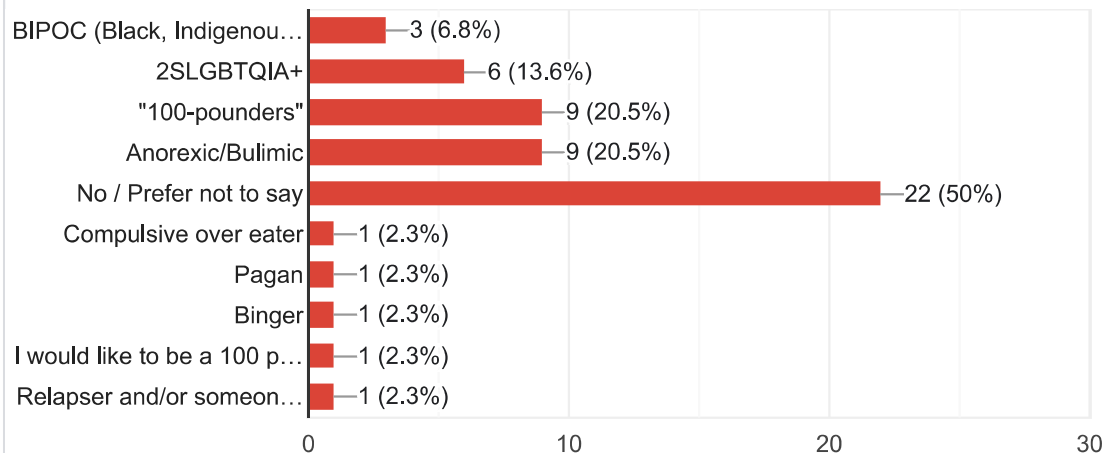
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## Do you identify with any of these groups (check all that apply)?

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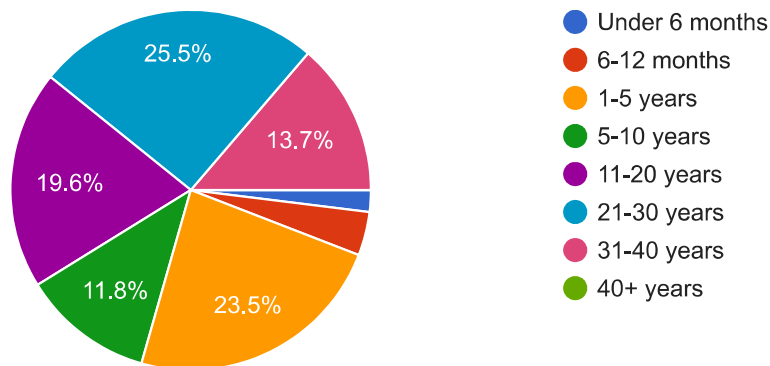
44 responses



## How long have you been in OA?

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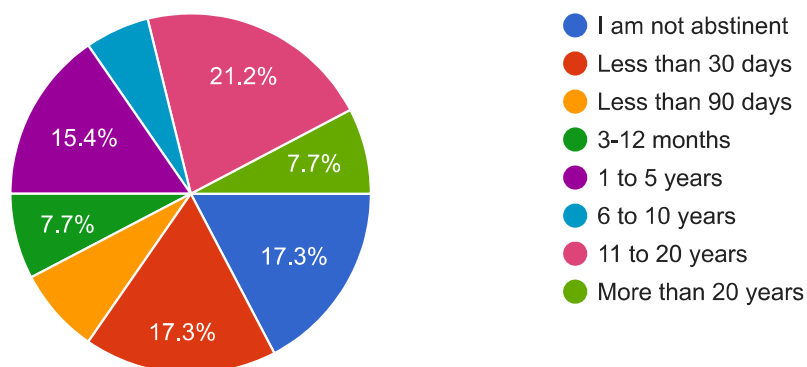
51 responses



## What is your length of your current abstinence?

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52 responses

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