

Twelfth Step Within Committee presents

## Attitude Gratitude Workshop

Saturday, October 1, 2022 1 to 2:30 p.m. EDT on Zoom



- Two speakers Breakout rooms with reflection questions for sharing time
- Sharing time in the main room 7<sup>th</sup> Tradition will be collected electronically

Zoom meeting ID and password will be emailed out one day prior to the event. To receive this information, sign up for the Ottawa District Intergroup email updates at <u>oa-ottawa.ca</u>

For more information, contact Karin H. at 613-850-4413.