



Ottawa Area Intergroup of  
OVEREATERS ANONYMOUS  
Cordially Invites You to Our

# ANNUAL HOLIDAY MINITHON

**SURVIVING THE HOLIDAYS ABSTINENTLY**

Saturday, December 16  
1:00 p.m. to 3:30 p.m.

Hintonburg Community Centre,  
1064 Wellington Street, Ottawa

*Suggested Tradition 7 of \$5.00.*

